

Nature, Composition and Perception of Truth and Reality of Life with its many dimensions

Topics

- Nature of Truth and Reality
- Aspects of Reality
- Dimensions of Reality with respect to our souls
- Reality as described in Quran and language of Masoom

Defining Truth and Reality – Seeds of thought

- Whatever affects us in a decisive manner or generates an impact on our life is something we cannot declare or consider as FALSE.
- We are affected by the objects and people around us in the world we live, and also by our thoughts and experiences.
- Thus, we develop the notions of external and internal realities.
- We also observe that despite the external reality being same, in my cases, internal reality may differ substantially e.g. a single scene or voice can make different people angry, sorrow or happy.
- Thus, we (should) realize that internal aspect of reality is more our concern than the external dimension of reality.

Objective Reality – Branching out

- In external world there are entities whose existence does not depend on our thoughts or wishes and desires.
- These are out there as Beings or Objects separate from us, BUT they can be explored and most often utilized. So, these may be regarded as the OBJECTIVE reality.
- During exploration, truth and falsity depends upon that how accurately and honestly we can describe their characteristics and behaviour.
- If we impress our own thoughts during exploration of external objects, we shall arrive at FALSE conclusions.

Subjective Reality – Looking inwards

- Subjective reality refers to the meanings the mind assigns and the soul preserves; to things, people and events in the Objective realm of reality. It exists as emotions, intellect and beliefs and manifests itself as thoughts and actions.
- Our thoughts do not only have the capability to impress upon our emotions and feelings, these also have the capacity to change the external world and manipulate the objective reality!!
- So whatever shows itself as the Reality in life cannot be independent of or ignore the value of our choices and thoughts. It also depends on its subjects which is us, the humans.
- Therefore, SUBJECTIVE aspect of reality is also true and real.
- Question: Does Objective reality controls the Subjective reality or vice versa? A barren piece of land is the reality or the palace which is constructed according to the designs created in our minds.

Consolidating the definition(s)

- Objective reality attracts, motivates, guides and even nurtures the subjective reality to prosper, enjoy, learn and thrive.
- Subjective reality adds value and makes objective reality better, more beautiful and drives it towards perfection.
- Thus, objective and subjective realities are not independent but interconnected and interwoven with each other.
- They not only complement but supplement each other as well. That is, both help each other to grow, hand in hand with respect and love.
- Isn't it a beautiful DESIGN of created life?

Plato: Phenomenon is that perception of an object which we recognize through our senses. Phenomena are fragile and weak forms of reality. They do not represent an object's true essence. The senses are not trustworthy. True reality is not found through the senses. There is a higher realm of existence accessible only through your intellect to go beyond your senses. The universal forms exist in this higher realm. Universal are true reality. Through developing our intellect, we can attempt to gain greater understanding of reality. This helps us act in ways that are closer to the ideal. The soul is a universal, pure, one substance, unchanging, immortal. The body is a compound substance, ever changing, and mortal. The body interferes with the soul's ability to sense reality. Furthermore, this means that the soul must survive death and exist prior to birth, like any other universal. Our difficulty is being able to get beyond our sense so that we can realize this prior to the death of our bodies. The true philosopher should never fear death because the soul is freed from the handicap of the body and joins other invisible, pure, beings untainted by the body, able to bask in pure reality.

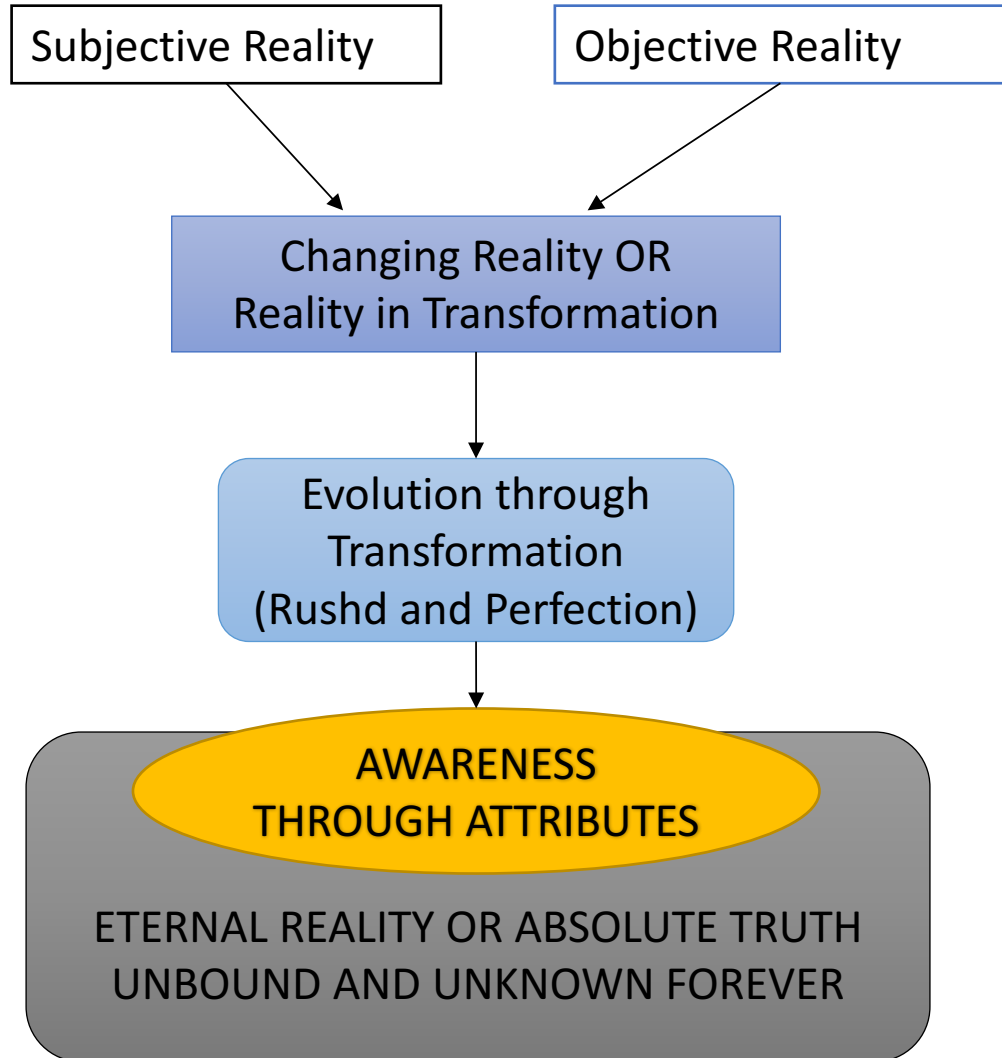
Two things fill the mind with ever new and increasing admiration and awe, the more often and steadily we reflect upon them: the starry heavens above me and the moral law within me. I do not seek or conjecture either of them as if they were veiled obscurities or extravagances beyond the horizon of my vision; I see them before me and connect them immediately with the consciousness of my existence.” — [Immanuel Kant, Critique of Practical Reason](#)

Refinement of the notion of Reality into Changing and Perfect or Ever-existing Reality

ذَلِكَ بِأَنَّ اللَّهَ هُوَ الْحَقُّ



خَلَقَ السَّمَوَاتِ وَالْأَرْضَ بِالْحَقِّ تَعَالَى عَمَّا يُشْرِكُونَ



Humans and Universe combine to create Changing Reality. It is in Perpetual state of Transformation.

Why in a state of Perpetual change?

- Because it was created as a Potential and it must evolve towards Perfection. The Evolution enforces the change which inculcates the Attributes.
- Change occurs as TRANSFORMATION and driven by LOVE.

Who determines and controls the Course of Evolution?

- The ONE Who is Perfect and Infinite (in the sense it has no void, defect and constraint)
- The ONE who cares
- The ONE who provides

Composition of Changing Reality

The GARDEN –
Earth and Heavens

﴿ قُلْ أَيِّنَكُم لَتَكْفُرُونَ بِالَّذِي خَلَقَ الْأَرْضَ فِي يَوْمَيْنِ وَتَجْعَلُونَ لَهُ أَنْدَادًا ذَلِكَ رَبُّ الْعَالَمِينَ ﴾

﴿ ١٠ ﴾ وَجَعَلَ فِيهَا رُوسِيٍّ مِنْ فَوْقِهَا وَبَرَكَ فِيهَا وَقَدَّرَ فِيهَا أَقْوَاتَهَا فِي أَرْبَعَةِ أَيَّامٍ سَوَاءً لِلْسَّائِلِينَ

﴿ ١١ ﴾ ثُمَّ اسْتَوَى إِلَى السَّمَاءِ وَهِيَ دُخَانٌ فَقَالَ لَهَا وَلِلْأَرْضِ ائْتِيَا طَوْعًا أَوْ كَرْهًا قَالَتَا أَتَيْنَا طَائِعِينَ

فَقَضَيْنَهُنَّ سَبْعَ سَمَوَاتٍ فِي يَوْمَيْنِ وَأَوْحَىٰ فِي كُلِّ سَمَاءٍ أَمْرَهَا وَزِينَا السَّمَاءَ الدُّنْيَا بِمَصْبِيحٍ

No Role or Existence of Humans in the Creation of Universe

﴿ ١٢ ﴾ وَحِفْظًا ذَلِكَ تَقْدِيرُ الْعَزِيزِ الْعَلِيمِ

Human Beings are created from the Essence of Clay, from the mud (soil mixed with water) that became dried.

Creation of Humans from the stuff of Earth and their living based on consuming the resources of material world.

﴿ ٢٦ ﴾ وَلَقَدْ خَلَقْنَا الْإِنْسَانَ مِنْ صَلْصَلٍ مِّنْ حَمَإٍ مَّسْنُونٍ

﴿ ١٢ ﴾ وَلَقَدْ خَلَقْنَا الْإِنْسَانَ مِنْ سُلَالَةٍ مِّنْ طِينٍ

Some Quranic verses illustrating the superiority of Humans over all facets of changing Reality

وَاللَّهُ أَخْرَجَكُمْ مِنْ بُطُونِ أُمَّهَاتِكُمْ لَا تَعْلَمُونَ شَيْئًا وَجَعَلَ لَكُمُ السَّمْعَ وَالْأَبْصَارَ
وَالْأَفْئِدَةَ لَعَلَّكُمْ تَشْكُرُونَ ﴿٧٨﴾

وَسَخَّرَ لَكُم مَّا فِي السَّمَوَاتِ وَمَا فِي الْأَرْضِ جَمِيعًا مِّنْهُ إِنَّ فِي ذَلِكَ لَآيَاتٍ لِّقَوْمٍ يَتَفَكَّرُونَ ﴿١٣﴾

﴿١٣﴾ وَلَقَدْ كَرَّمْنَا بَنِي آدَمَ وَحَمَلْنَاهُمْ فِي الْبَرِّ وَالْبَحْرِ وَرَزَقْنَاهُمْ مِّنَ الطَّيِّبَاتِ وَفَضَّلْنَاهُمْ
عَلَىٰ كَثِيرٍ مِّمَّنْ خَلَقْنَا تَفْضِيلًا ﴿٧٠﴾

Amazing instances of apparently non-connected interactions

وَلَوْ أَنَّ أَهْلَ الْقُرَىٰ ءَامَنُوا وَاتَّقَوْا لَفَتَحْنَا عَلَيْهِم بَرَكَاتٍ مِّنَ السَّمَاءِ وَالْأَرْضِ وَلَٰكِن كَذَّبُوا فَأَخَذْنَاهُم بِمَا كَانُوا يَكْسِبُونَ ﴿٩٦﴾

Sura Aaraf (7): 96

ظَهَرَ الْفَسَادُ فِي الْبَرِّ وَالْبَحْرِ بِمَا كَسَبَتْ أَيْدِي النَّاسِ لِيُذِيقَهُم بَعْضَ الَّذِي عَمِلُوا لَعَلَّهُمْ يَرْجِعُونَ ﴿٤١﴾

Sura Rome (30):41

فَقُلْتُ اسْتَغْفِرُوا رَبَّكُمْ إِنَّهُ كَانَ غَفَّارًا ﴿١٠﴾ يُرْسِلِ السَّمَاءَ عَلَيْكُمْ مِدْرَارًا ﴿١١﴾

Sura Nooh (71): 10 - 12

وَيُمِدِّدْكُمْ بِأَمْوَالٍ وَبَنِينَ وَيَجْعَلْ لَكُمْ جَنَّاتٍ وَيَجْعَلْ لَكُمْ أَنْهَارًا ﴿١٢﴾

A Dangerous Trap – Delusion vs Awareness

- Illusion: something that deceives by producing a false or misleading impression of reality. It is actually a misperception.
- Delusion: Fixed, persisting and False belief.

أَعْلَمُوا أَنَّمَا الْحَيَاةُ الدُّنْيَا لَعِبٌ وَلَهُمْ فِيهَا مَتَاعٌ وَزِينَةٌ وَتَفَاخُرٌ بَيْنَكُمْ وَتَكَاثُرٌ فِي الْأَمْوَالِ وَالْأَوْلَادِ
وَمَا خَلَقْنَا السَّمَوَاتِ وَالْأَرْضَ وَمَا بَيْنَهُمَا لِعِبَادٍ ۚ مَا خَلَقْنَاهُمَا إِلَّا بِالْحَقِّ وَلَكِنَّ أَكْثَرَهُمْ لَا يَعْلَمُونَ ﴿٣٨﴾

It means that Heavens and Earth are not HAYAT E DUNYA or Worldly Life !!

- The TRAP: Illusion created by *Hayat e Dunya* can generate the Delusion that it is the Reality!
- Where is the Illusion? In Mind and Perception. So what is the Remedy? Proper *Marefat*.
- What if Delusion remains uncured? The **Mirage effect** as described in the verse below:

وَالَّذِينَ كَفَرُوا أَعْمَلُهُمْ كَسَرَابٍ بِقِيَعَةٍ يَحْسَبُهُ الظَّمْآنُ مَاءً حَتَّىٰ إِذَا جَاءَهُ لَمْ يَجِدْهُ شَيْئًا

Some Characteristics of Truth and Reality (Haq) according to the language of *Wahi*

1. Eternal Truth is embedded in the system of creation. (*Spirit of Life*)
2. Independent of anyone's whims and desires and sets its own system which is defined by universal (all-encompassing) rules and principles. (*Moheet*)
3. Eternal Truth serves as the benchmark for right to exist! Whoever confirms with Him will live; otherwise perish and doomed.
4. Eternal Truth manifests and nurtures other realities and in this respect, Eternal Truth is the light of heavens and earth(*Noor*).
5. Eternal Truth never transgresses or usurps anyone's right, and it keeps everyone in his valid position. (*Adil*)
6. Truth always leads to and terminates on a meaningful, intellectually beautiful and just outcome. It always bears fruits!