

Importance of Perceiving the Truth and Reality of Life with its many dimensions

Topics

- Nature of Truth and Reality
- Aspects of Reality
- Dimensions of Reality with respect to our souls
- Reality as described in Quran and language of Masoom

Defining Truth and Reality – Seeds of thought

- Whatever affects us in a decisive manner or generates an impact on our life is something we cannot declare or consider as FALSE.
- We are affected by the objects and people around us in the world we live, and also by our thoughts and experiences.
- Thus, we develop the notions of external and internal realities.
- We also observe that despite the external reality being same, in my cases, internal reality may differ substantially e.g. a single scene or voice can make different people angry, sorrow or happy.
- Thus, we (should) realize that internal aspect of reality is more our concern than the external dimension of reality.

Objective Reality – Branching out

- In external world there are entities whose existence does not depend on our thoughts or wishes and desires.
- These are out there as Beings or Objects separate from us, BUT they can be explored and most often utilized. So, these may be regarded as the OBJECTIVE reality.
- During exploration, truth and falsity depends upon that how accurately and honestly we can describe their characteristics and behaviour.
- If we impress our own thoughts during exploration of external objects, we shall arrive at FALSE conclusions.

Subjective Reality – Looking inwards

- Our thoughts do not only have the capability to impress upon our emotions and feelings, these also have the capacity to change the external world and manipulate the objective reality!!
- So whatever shows itself as the Reality in life cannot be independent of or ignore the value of our choices and thoughts. It also depends on its subjects which is us, the humans.
- Therefore, SUBJECTIVE aspect of reality is also true and real.
- Question: Does Objective reality controls the Subjective reality or vice versa? A barren piece of land is the reality or the palace which is constructed according to the designs created in our minds.

Consolidating the definition(s)

- Objective reality attracts, motivates, guides and even nurtures the subjective reality to prosper, enjoy, learn and thrive.
- Subjective reality adds value and makes objective reality better, more beautiful and drives it towards perfection.
- Thus, objective and subjective realities are not independent but interconnected and interwoven with each other.
- They not only complement but supplement each other as well. That is, both help each other to grow, hand in hand with respect and love.
- Isn't it a beautiful DESIGN of created life?

Some Quranic verses illustrating the concept of unity of subjective and objective realities

وَمَا خَلَقْنَا السَّمَوَاتِ وَالْأَرْضَ وَمَا بَيْنَهُمَا لِلْعَيْنِ ﴿٣٨﴾ مَا خَلَقْنَاهُمَا إِلَّا بِالْحَقِّ وَلَكِنَّ أَكْثَرَهُمْ لَا يَعْلَمُونَ ﴿٣٩﴾

وَاللَّهُ أَخْرَجَكُمْ مِنْ بُطُونِ أُمَّهَاتِكُمْ لَا تَعْلَمُونَ شَيْئًا وَجَعَلَ لَكُمُ السَّمْعَ وَالْأَبْصَارَ
وَالْأَفْئِدَةَ لَعَلَّكُمْ تَشْكُرُونَ ﴿٧٨﴾

وَسَخَّرَ لَكُم مَّا فِي السَّمَوَاتِ وَمَا فِي الْأَرْضِ جَمِيعًا مِّنْهُ إِنَّ فِي ذَلِكَ لَآيَاتٍ لِّقَوْمٍ يَتَفَكَّرُونَ ﴿١٣﴾

Re-capping the Definition of Truth and Reality (Haq) according to the language of *Wahi*

1. Truth is underlying and embedded in the system of creation. (Leading to new concept of Reality)
2. It is not dependent on anyone's whims and desires and sets its own system which is always defined by universal rules and principles.
3. Truth serves as the benchmark; it justifies and manifests other realities and in this respect, truth is like the example of light (*Noor*).
4. Truth never transgresses or usurps anyone's right, and it keeps everyone in his valid position.
5. Truth always leads to and terminates on a meaningful, intellectually beautiful and just outcome. It always bears fruits!